

NSLA Methods to Spread Organic School Meals



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Natural School Lunch Action

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Women's opinion have been reflected?

Ratio of Female Lawmakers at the upper/lower houses in 193 countries, Year 2023

country	rank	percentage
Rwanda	1	54.70
Mexico	5	50.10
Sweden	10	46.20
France	35	36.80
UK	58	31.50
USA	74	28.60
Korea	131	19.10
Philippines	81	27.50
Japan	150	15.50

Comparing to other countries . . .

Country	Rank	Persentage
Japan	150	15.50

Japanese Female Lawmakers is very low persentage.

About NSLA



#NATURAL
SCHOOL
LUNCH
ACTION

ALL FOR THE CHILDREN'S FUTURE

Ethical School Lunch

- **NSLA Methods**
- **NSLA History**
- **NSLA Contribution**

Original NSLA Methods come from Miki's ideas

**THE MIKI'S
IDEAS = NSLA
METHODS**

**The mothers' love & philosophy should impact on
the society around the world.**

**Mothers do not want confrontation to solve
national/international issues.**

Establishment of the NSLA Methods

Creating better society for everyone

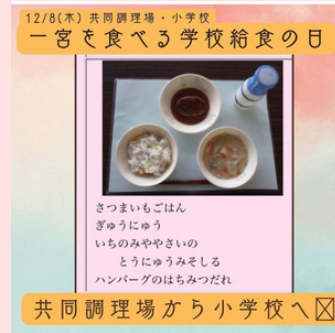


Established NSLA Methods

◆ Let the organic school meals come true rapidly without any confrontations

◆ NSLA Methods can achieve our goals by having the local government move in our direction

NSLA Today



Mothers' Actions to promote organic school meals!



**NSLA
40 branches
by 2022**



結構ボリュームあります!



有機JAS認証のバナナが
福沢市の学校給食にて提供されました!



Japan

Current NSLA achievements

4 cities in 2021

7 cities in 2022

**Let me talk about
NSLA history**

The greatest shock in my life

March 11, 2011

**The Fukushima
nuclear power plant
meltdown due to the
Great East Japan
Earthquake**



I'm afraid of my children's future life.

Anxiety

Spreading out radioactive contaminated foods around the country

**Resolutions
as
a mother**

1. Taking action on anything what I can do by considering all possibilities.
2. Making the best efforts to provide safe and secured school meals.

I have recognized the importance of meals more than before

I have the first son who had severe atopic dermatitis since 3 months-old



Atopy like dermatitis
seems come from . . .

radioactive
contamination

- pesticides
- herbicides

food
additives

Breakfast, lunch and dinner can
not be neglected for his future life.

Resolution



organic school meals ...

NO chemical input

It didn't go well...

I had tried to do something contributive
to the school meals provider with city hall people, but I failed...



Finding the cause!?

Perhaps...

It might that
I always said at any meetings
with the city hall people
"I am right" and "you are wrong"!?

Common Lessons from Fails through Parenting and Meeting

Children/Parenting Fails	Common Lessons from Fails	City hall people /meeting Fails
I used to say "I am Right" "You are wrong"	Say gently	I used to say "Why you can not do such a thing"
Saying the same things repeatedly to my children	Act multilaterally	Presenting the same issues repeatedly
Angry mom all the time	Smile gently	Getting angry at City Hall people without knowing about school meal issues

Parenting and meeting have a lot of commons.

- **Say gently**
- **Act multilaterally**
- **Smile gently**

Parenting

=

Meeting

Series of seminars
(held in 2009) entitled
**"Systematic Training for
Effective Parenting"**

**Actions based on Individual Psychology (Alfred Adler)
led to my directions in 2013.**

The way to build Trustworthy Relationship



To build Trustworthy Relationship



Monthly meetings with the responsible people
of school meals center



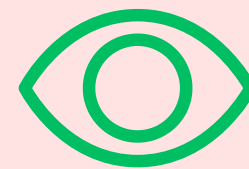
LISTEN



CAREFULLY



聴心



with
eyes



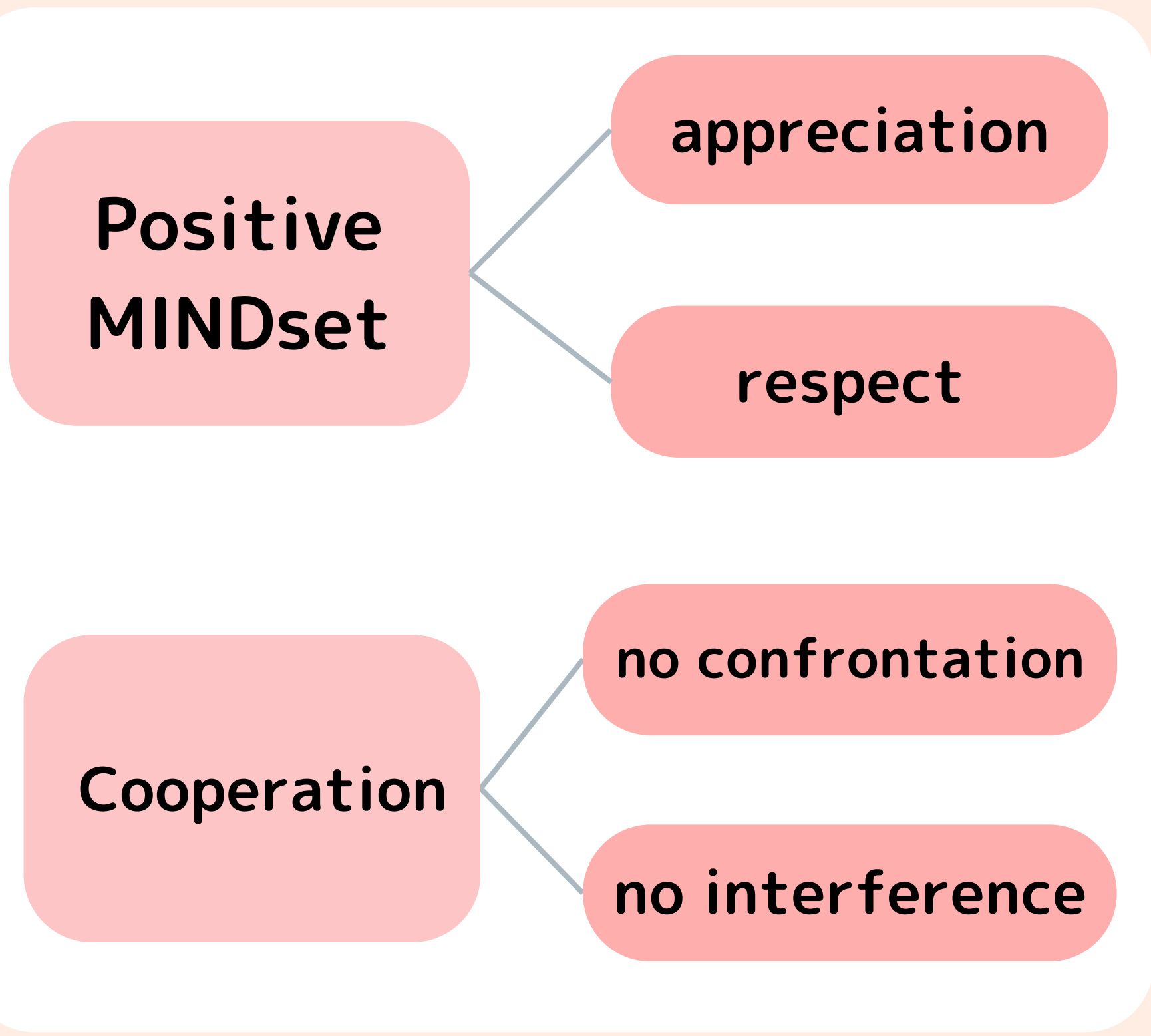
with heart

Keeping in Mind...

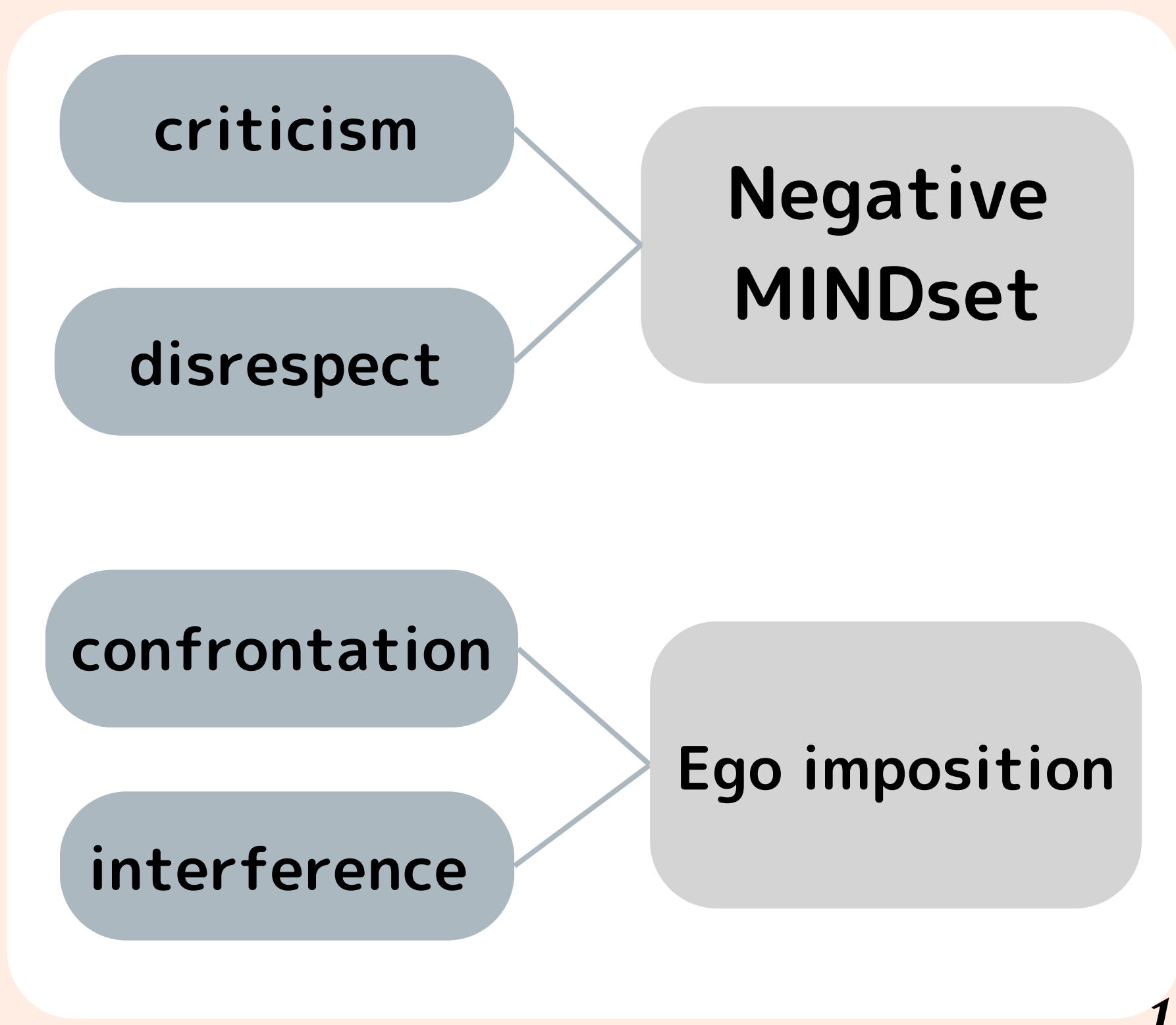
- Listening carefully seeing his/her eyes with open heart
- Having monthly meetings
- Acting multilaterally

Analysis of Success and Fail

Success key elements



Fail key elements



Long journey !

month/year	succuss story examples	Reasons
March 2012	Shiitake mushrooms	radioactive contaminated
August 2015	Margarine	trans fatty acid
December 2016	Bread Meals 7 times → 3 times	post harvest
December 2019	Salt	no minerals
November 2021	Organic Carrots	pesticide/ chemical fertlizer

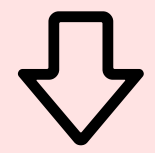
Miki's contribution

NSLA's contribution

Making NSLA Fans all through the country

I found possibilities to accomplish goals by sharing the methods with other moms in December, 2019.

Started to have seminars at small communities in January 2020.



zoom sessions were held over 40 times!

Webinars

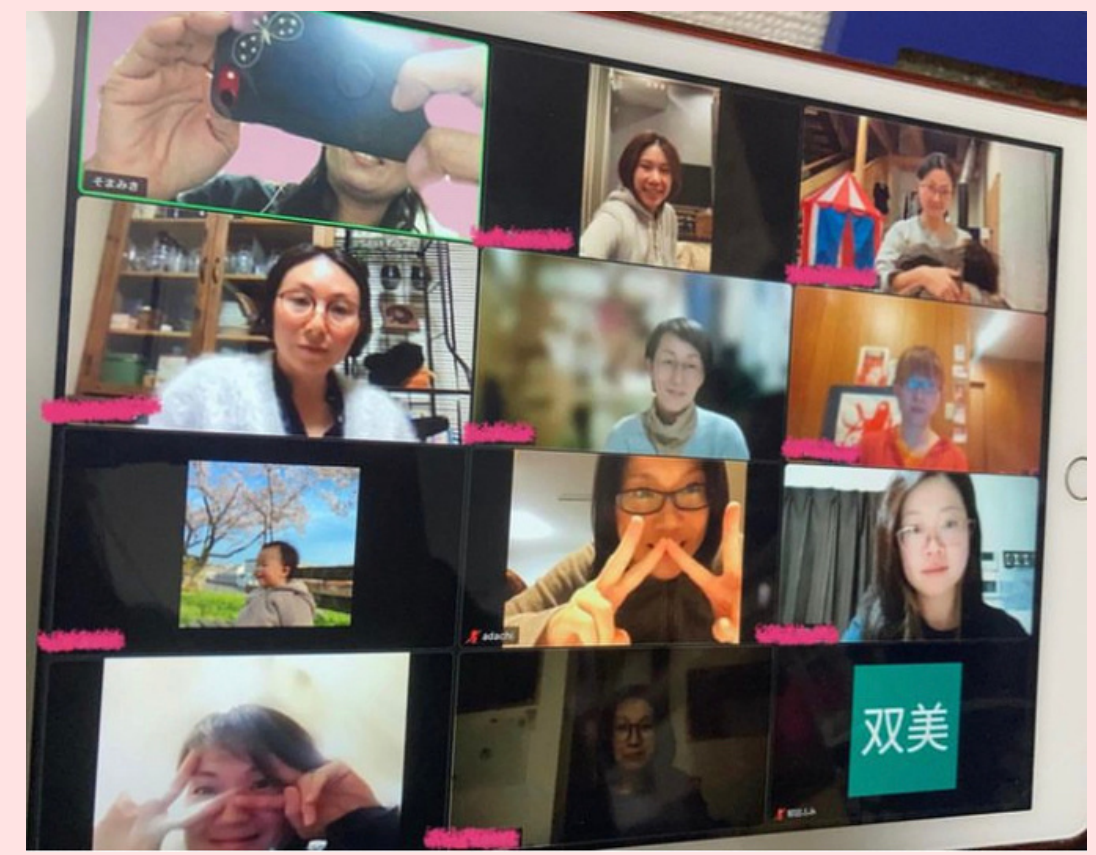
Covid-19 pandemic

Some moms attended this online seminar holding their babies.

Total webinars participants

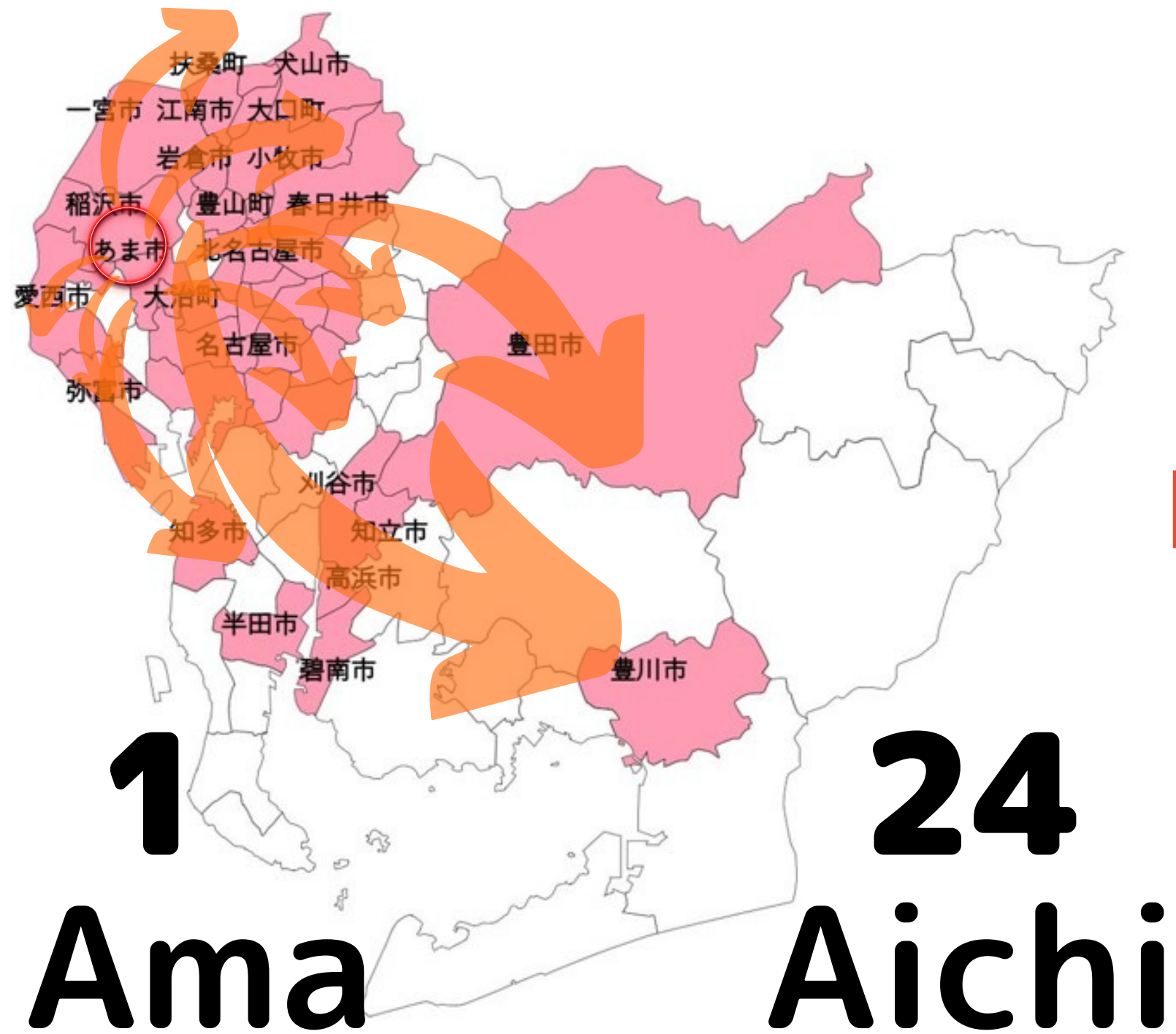


about 450 people

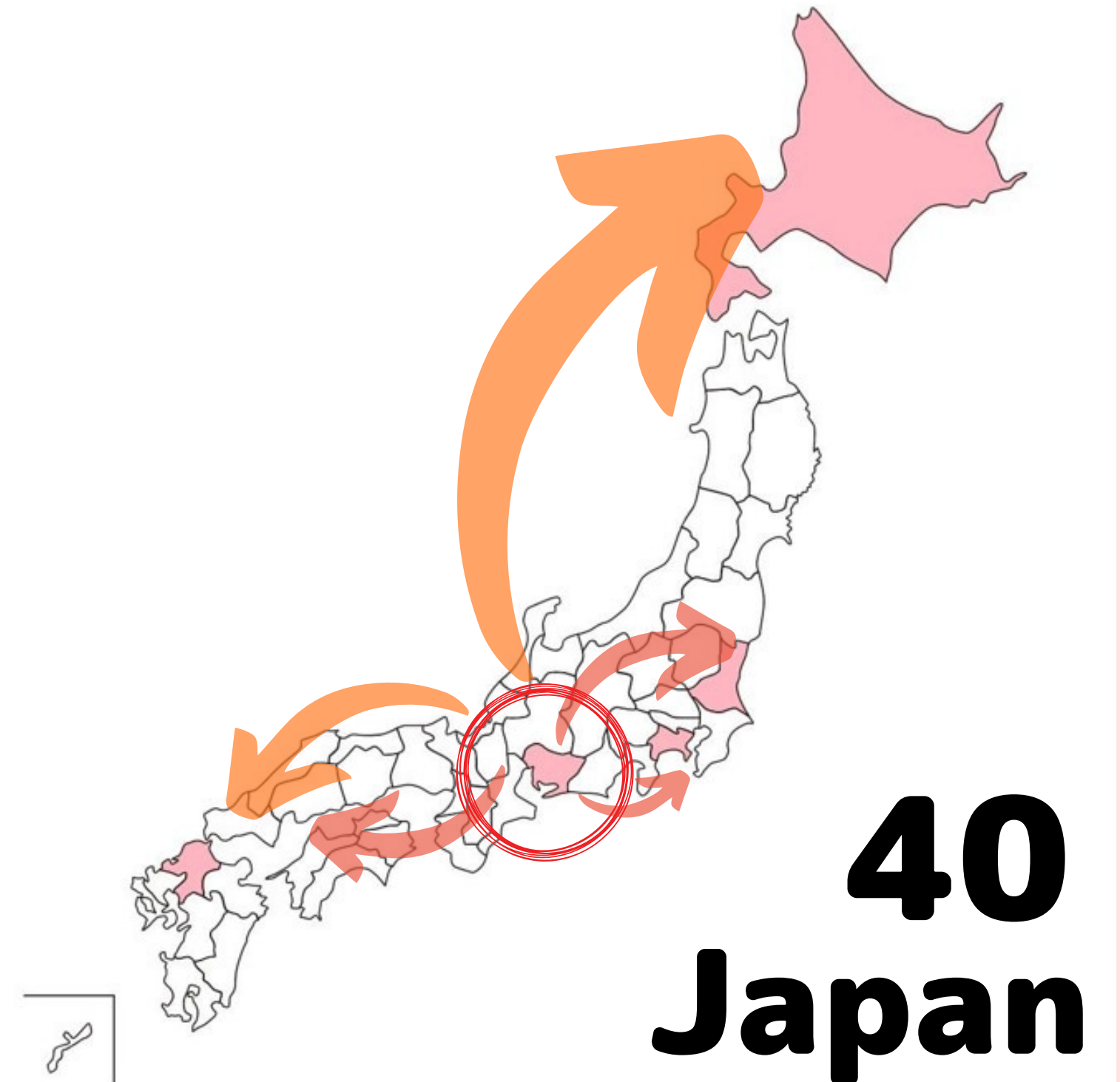


Expansion of NSLA Branches through Webinars

Around 2020



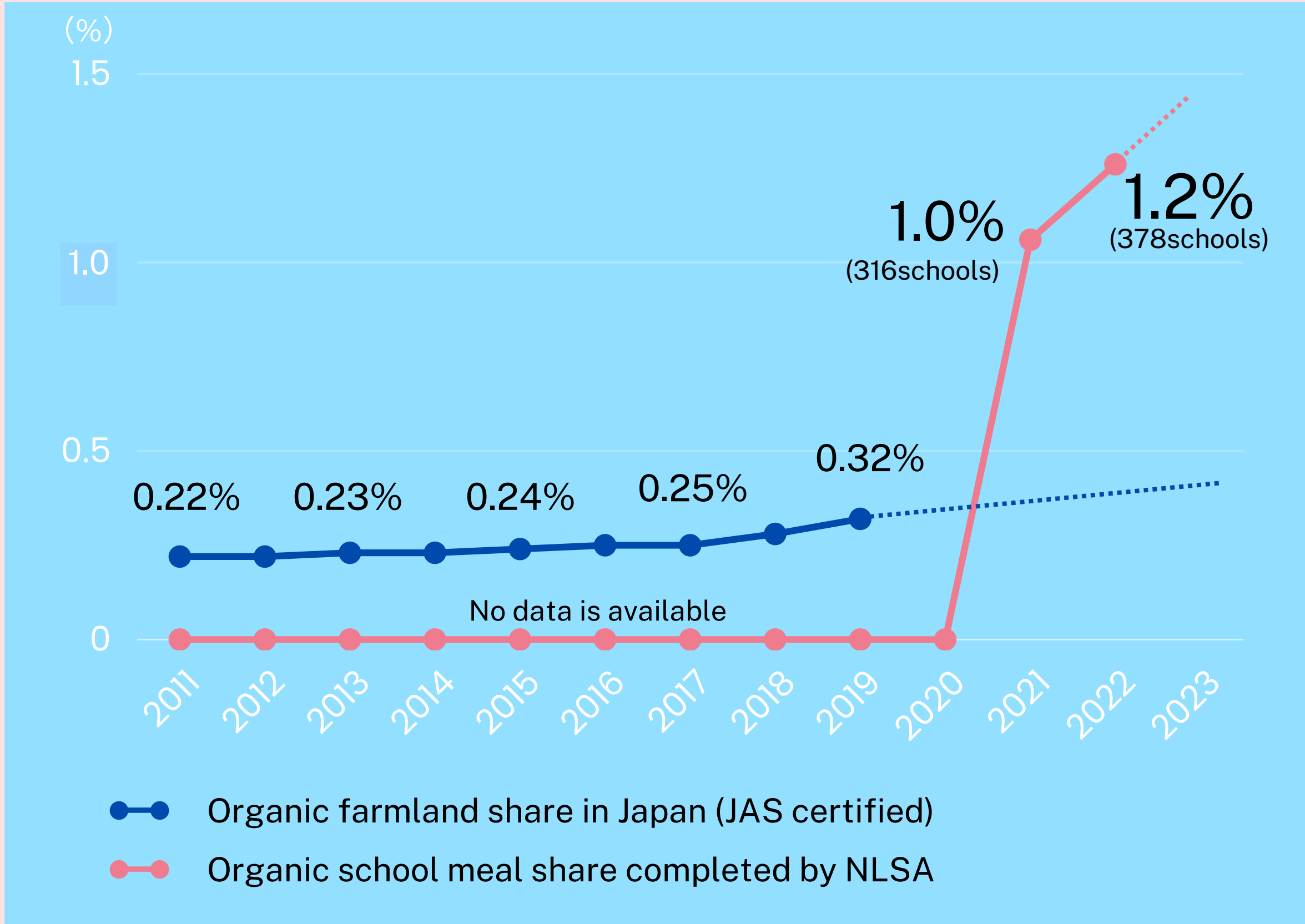
Around 2022



NSLA Members are about 260 Moms now!



Development of organic school meals share



Demand > Supply
1.2% **0.32%**

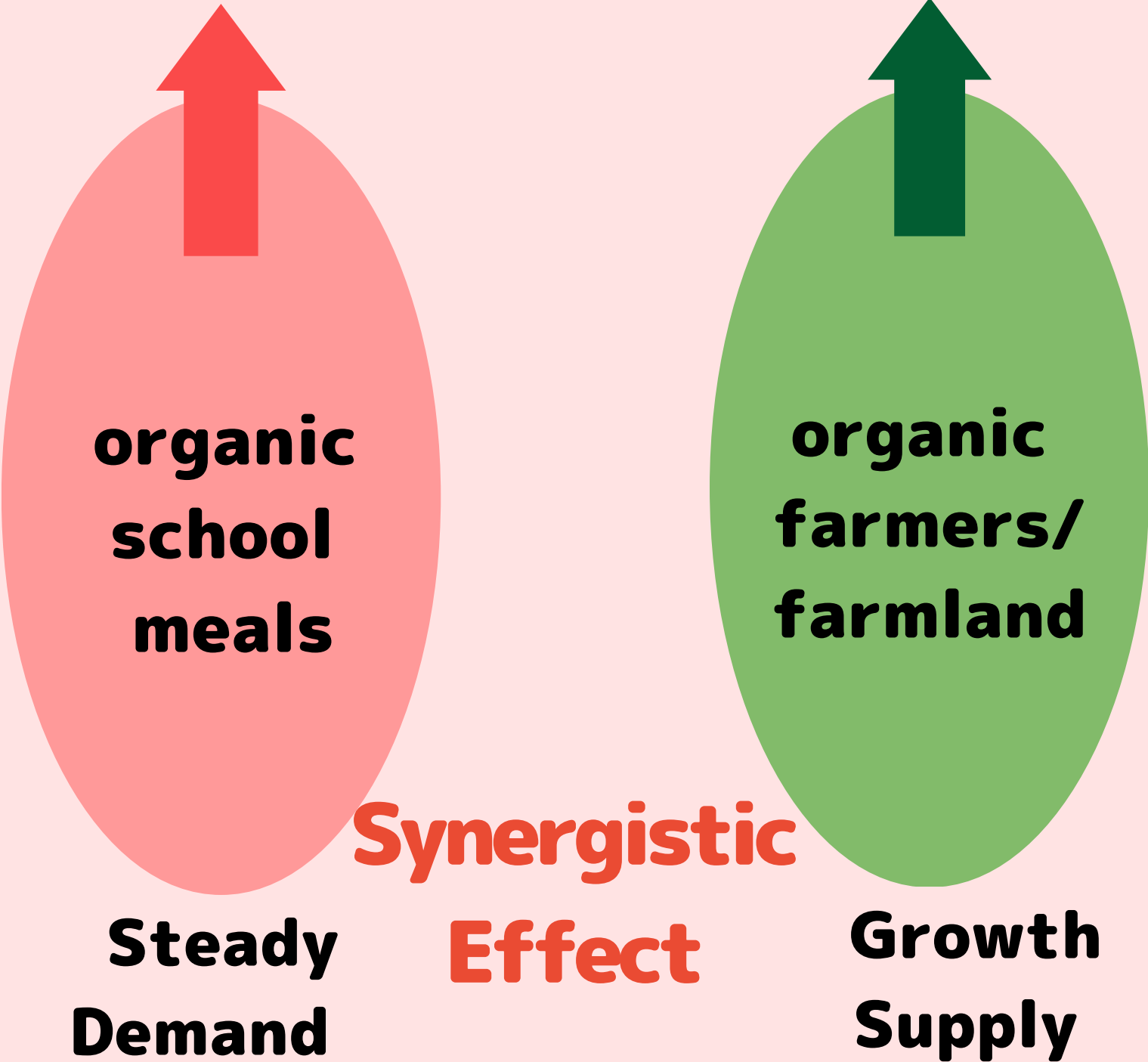


- **the school meals are attractive outlets for the organic farmers**

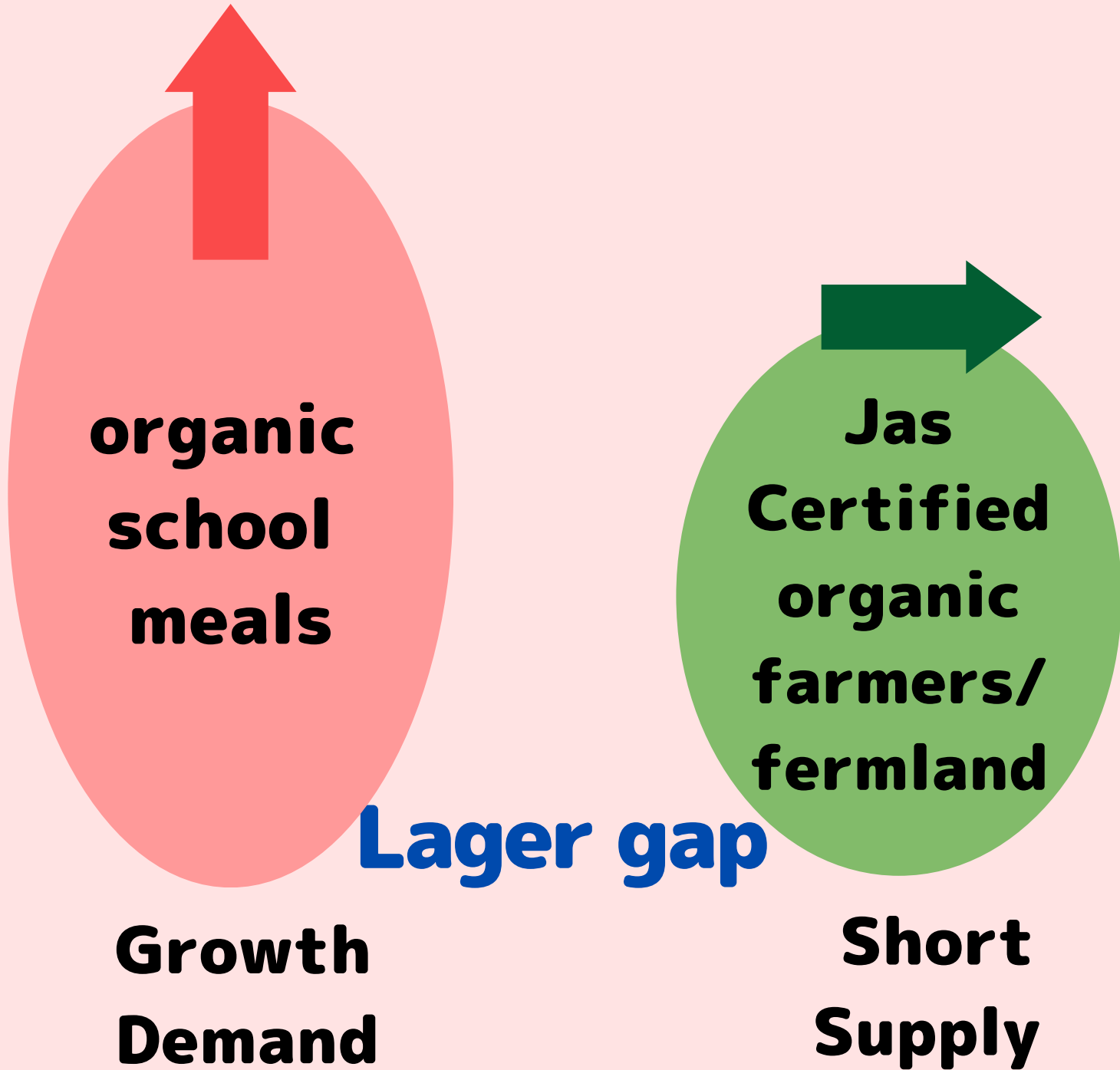
Fig.2: Developments of Organic Farm & Organic School Meals shares

Organic school meals and Organic farmland

The Ideal Condition



The Present Circumstance



Similarities between NSLA System & PGS

NSLA Systems

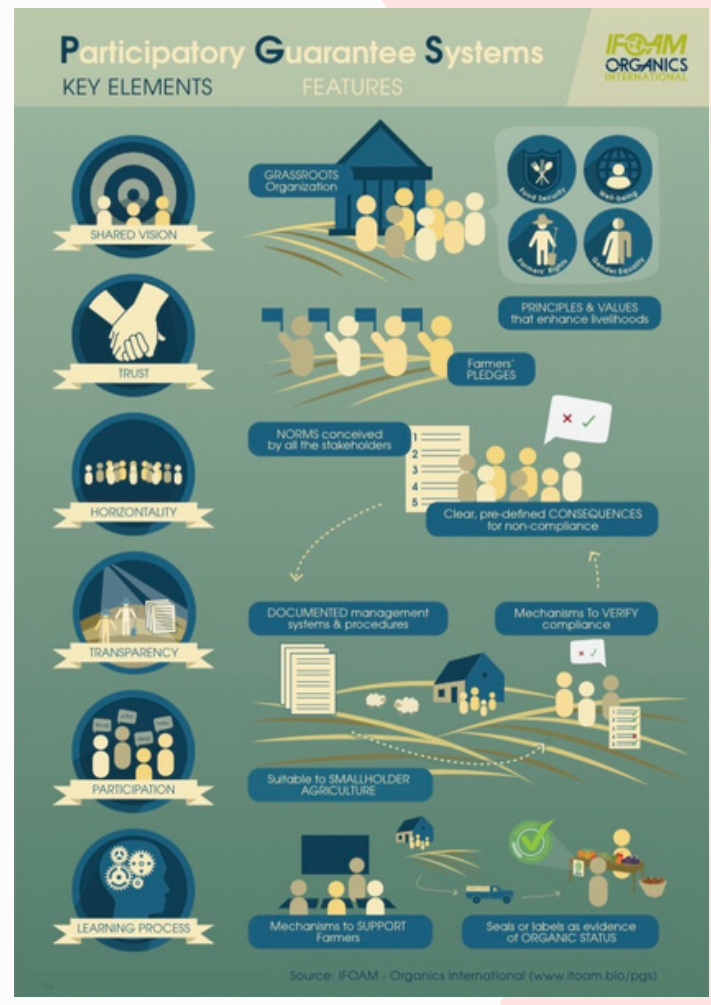
PGS



NSLA Methods

- Shared Vision
- Trust
- Horizontality
- Sharing information
- Participation
- Annual performance, attending/holding seminars, information exchange of the school meals with organic farmers

- Shared Vision
- Trust
- Horizontality
- Transparency
- Participation
- Learning Process



6 Key Elements

school meal coordinator

Organic School Meals

PGS satisfied farmers (supplier)

NSLA and PGS will contribute to the World Peace Building



NSLA Systems  **PGS**



Organic School Meals



Moms Power

- Sustainable relationships with farmers and local governments
- Mothers' agape

Farmers Power

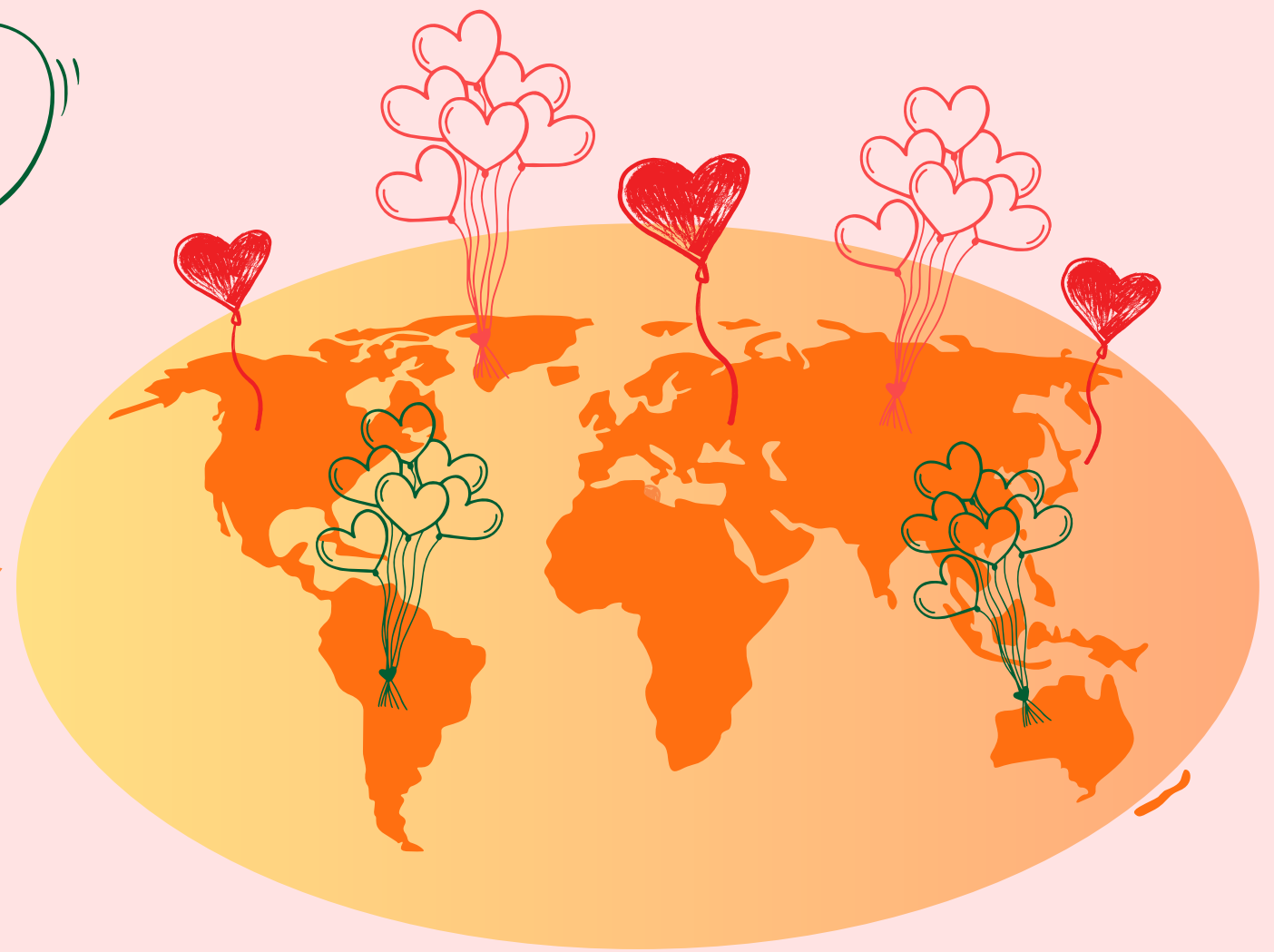
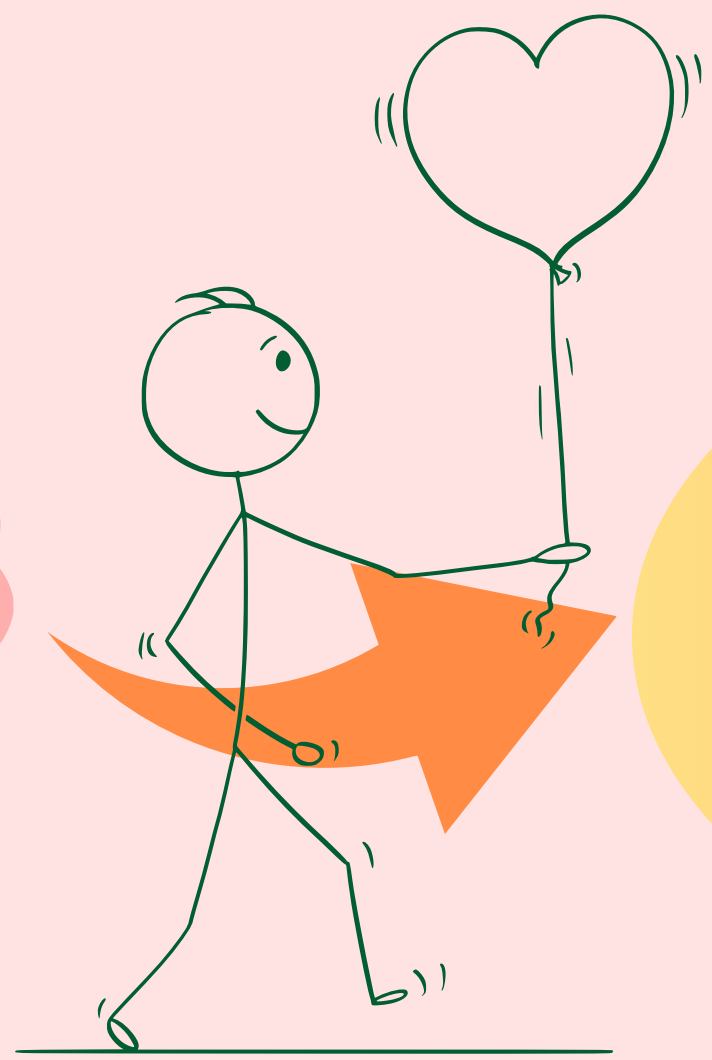
- Some elements for SDGs
- Sustainabilities
- Fertilize soil



World Peace Expansion



**Small Peaces
All over the Japan
by Mothers**



World Peace

Conclusion



**Mothers power
changes
the world in turmoils!**



That's the NSLA Methods !

Thank you for your attention!

